



**DeKalb County School District  
Smart Bites Health & Wellness  
Pre-K Express Breakfast Menu  
May 2018**

MON	TUE	WED	THU	FRI
	1 Mini Bagel with Cream Cheese Strawberry Kiwi Juice Milk (unflavored)	2 Peach Stuffed Biscuit White Grape Juice Milk (unflavored)	3 Turkey Sausage/English Muffin Orange Tangerine Juice Milk (unflavored)	4 Raspberry Yogurt /Granola Assorted Juice Milk (unflavored)
7 Turkey Sausage /English Muffin Apple Juice Milk (unflavored)	8 Pancake N Link Strawberry Kiwi Juice Milk (unflavored)	9 Mini-Wheat/Toast White Grape Juice Milk (unflavored)	10 Go Big Yogurt with Blueberry Muffin Top Orange Tangerine Juice Milk (unflavored)	11 Mini Bagels with Strawberry Cream Cheese V Assorted Juice Milk (unflavored)
14 Sausage & Waffle Sandwich Strawberry Kiwi Milk (unflavored)	15 Chicken/English Muffin Apple Juice Milk (unflavored)	16 French Toast Bar V White Grape Juice <b>Fresh Strawberries</b> Milk (unflavored) 	17 Cinnamon Chex Cereal with Banana Muffin Top Orange Tangerine Juice Milk (unflavored)	18 Go Big Yogurt/ Muffin Top Assorted Juice Assorted Fresh Fruit Milk (unflavored)
21 Reduced Sugar Mini Wheat with Country Biscuit Apple Juice Milk (unflavored)	22 Mini Bagel with Cream Cheese Strawberry Kiwi Juice Milk (unflavored)	23 Peach Stuffed Biscuit White Grape Juice Milk (unflavored)	24 Turkey Sausage/English Muffin Orange Tangerine Juice Milk (unflavored)	

**2017- 2018 Elementary Meal Prices**

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

## Strawberry Facts



### Did you Know:

- The average strawberry has 150 to 200 seeds on its surface.
- Strawberries are the first fruit to ripen each spring.
- Americans eat an average of 3.4 pounds of fresh strawberries every year
- Strawberries are an excellent source of Vitamin C and potassium and are a sweet and natural alternative to sugary candy snacks.

**½ C = 24 Calories**

This institution is an equal opportunity provider.

V = Vegetarian Item  
WG = Whole Grain