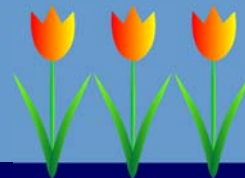




**DeKalb County School District
Smart Bites Health & Wellness
Pre-K Breakfast Menu
May 2018**



MON	TUE	WED	THU	FRI
	1 Cheese Omelet/Toast Fresh Orange Wedges Milk (unflavored)	2 Turkey Sausage Breakfast Bagel White Grape Juice Milk (unflavored)	3 Frosted Mini Wheats/Toast Orange Tangerine Juice Milk (unflavored)	4 Breaded Beef on Country Biscuit Fruit Punch Juice Milk (unflavored)
7 Turkey Sausage Biscuit Apple Juice Milk (unflavored)	8 Pancake N Link/Syrup Strawberry Kiwi Juice Milk (unflavored)	9 Breakfast Pizza White Grape Juice Milk (unflavored)	10 Chicken on Country Biscuit Orange Tangerine Juice Milk (unflavored)	11 Cheese Omelet/ Country Biscuit Fruit Punch Juice Milk (unflavored)
14 Sausage & Waffle Sandwich Apple Juice Milk (unflavored)	15 Cheese Toast Strawberry Kiwi Juice Milk (unflavored)	16 French Toast Bar White Grape Juice Fresh Strawberries Milk (unflavored) 	17 Cheese Breakfast Bagel Orange Tangerine Juice Milk (unflavored)	18 Go Big Yogurt/ Muffin Top Fruit Punch Juice Milk (unflavored)
21 Breakfast Pizza Apple Juice Milk (unflavored)	22 Cheese Omelet/Toast Grits Strawberry Kiwi Juice Milk (unflavored)	23 Turkey Sausage Breakfast Bagel White Grape Juice Fresh Bananas Milk (unflavored)	24 Frosted Mini Wheat/Toast Orange Tangerine Juice Fruit Cocktail Milk (unflavored)	

2017-2018 Elementary Meal Prices

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

Strawberry Facts



Did you Know:

- The average strawberry has 150 to 200 seeds on its surface.
- Strawberries are the first fruit to ripen each spring.
- Americans eat an average of 3.4 pounds of fresh strawberries every year
- Strawberries are an excellent source of Vitamin C and potassium and are a sweet and natural alternative to sugary candy snacks.

½ C = 24 Calories

This institution is an equal opportunity provider.

V = Vegetarian Item
WG = Whole Grain