



**DeKalb County School District
Smart Bites Health & Wellness
Pre-K Express Breakfast Menu**

MON	TUE	WED	THU	FRI
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Happy Spring Break

<p>9</p> <p>Reduced Sugar Mini Wheat with Country biscuits</p> <p>Apple Juice</p> <p>Milk (unflavored)</p>	<p>10</p> <p>Mini Bagel with Cream Cheese</p> <p>Strawberry Kiwi Juice</p> <p>Milk (unflavored)</p>	<p>11</p> <p>Peach Stuffed Biscuit</p> <p>White Grape Juice</p> <p>Milk (unflavored)</p>	<p>12</p> <p><i>Turkey Sausage/English Muffin</i></p> <p>Orange Tangerine Juice</p> <p>Milk (unflavored)</p>	<p>13</p> <p>Raspberry Yogurt /Granola</p> <p>Assorted Juice</p> <p>Milk (unflavored)</p>
<p>16</p> <p>Turkey Sausage /English Muffin</p> <p>Apple Juice</p> <p>Milk (unflavored)</p>	<p>17</p> <p>Pancake N Link</p> <p>Strawberry Kiwi Juice</p> <p>Milk (unflavored)</p>	<p>18</p> <p>Mini-Wheat/Toast</p> <p>White Grape Juice</p> <p>Milk (unflavored)</p>	<p>19</p> <p>Go Big Yogurt with Blueberry Muffin Top</p> <p>Fresh Apple Wedges</p> <p>Milk (unflavored)</p>	<p>20</p> <p>Mini Bagels with Strawberry Cream Cheese V</p> <p>Assorted Juice</p> <p>Milk (unflavored)</p>
<p>23</p> <p>Sausage & Waffle Sandwich</p> <p>Strawberry Kiwi</p> <p>Milk (unflavored)</p>	<p>24</p> <p>Chicken/English Muffin</p> <p>Apple Juice</p> <p>Milk (unflavored)</p>	<p>25</p> <p>French Toast Bar V</p> <p>White Grape Juice</p> <p>Milk (unflavored)</p>	<p>26</p> <p>Cinnamon Chex Cereal with Banana Muffin Top</p> <p>Orange Tangerine Juice</p> <p>Fresh Blueberries</p> <p>Milk (unflavored)</p> 	<p>27</p> <p>Go Big Yogurt/ Muffin Top</p> <p>Assorted Juice</p> <p>Assorted Fresh Fruit</p> <p>Milk (unflavored)</p>
<p>30</p> <p>Reduced Sugar Mini Wheat with Country Biscuits</p> <p>Apple Juice</p> <p>Milk (unflavored)</p>	<p>1</p> <p>Mini Bagel with Cream Cheese</p> <p>Strawberry Kiwi Juice</p> <p>Milk (unflavored)</p>	<p>2</p> <p>Peach Stuffed Biscuit</p> <p>White Grape Juice</p> <p>Milk (unflavored)</p>	<p>3</p> <p><i>Turkey Sausage/English Muffin</i></p> <p>Orange Tangerine Juice</p> <p>Milk (unflavored)</p>	<p>4</p> <p>Raspberry Yogurt /Granola</p> <p>Assorted Juice</p> <p>Milk (unflavored)</p>

2017- 2018 Elementary Meal Prices

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

Farm to School



Blueberries are loaded with fiber, potassium, folate, and vitamin c which help prevent heart disease, improve brain health and help moderate blood sugar levels.

This institution is an equal opportunity provider.

V = Vegetarian Item
WG = Whole Grain