



**DeKalb County School District
Smart Bites Health & Wellness
Middle Breakfast Menu
March 2018**



MON	TUE	WED	THU	FRI
			<p>1 Choice of Entrée: Spicy Chicken on Country Biscuit Frosted Mini Wheat/ Country Biscuit Country Biscuit V Banana Bread V Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>2 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V Cheese Omelet/ Country Biscuit Frosted Flakes/Country Biscuit With: WG Oatmeal Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>5 Choice of Entrée: Chicken Biscuit French Toast Sticks/Syrup V Raspberry Yogurt with Granola & Cheese Cubes Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>6 Choice of Entrée: Spicy Chicken Biscuit Cheese Toast 1/3 Less Sugar Fruit Loops with Toast V with Southern Grits Fruit Selections: Fruit Punch Juice Orange Wedges</p>	<p>7 Choice of Entrée: Sausage Biscuit Sausage Waffle Sandwich Frosted Mini Wheat/Toast V Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>8 Choice of Entrée: Breaded Beef Biscuit Apple Frudel Apple Cinnamon Cheerios with Toast V Fruit Selections: Orange Tangerine Juice Apple Wedges</p>	<p>9 Choice of Entrée: Chicken Biscuit Cheese Omelet /Toast 1/3 Less Sugar Frosted Flakes with Toast V with Southern Grits Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>12 Choice of Entrée: Chicken Biscuit Breakfast Pizza 1/3 Less Sugar Fruit Loops with Toast V Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>13 Choice of Entrée: Spicy Chicken Biscuit Cheese Omelet/Biscuit Cinnamon Chex/Toast With: Southern Grits Fruit Selections: Strawberry Kiwi Juice Orange Wedges</p>	<p>14 Choice of Entrée Turkey Sausage Biscuit Peach Stuffed Biscuit Grilled Cheese Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>15 Choice of Entrée: Breaded Beef Biscuit Cherry Frudel Frosted Mini Wheat Cereal/Toast Fruit Selections: Orange Tangerine Juice Apple wedges</p>	<p>16 Choice of Entrée: Chicken Biscuit Raspberry Yogurt with Granola & Cheese Cubes 1/3 Less Sugar Frosted Flakes with Toast V with Southern Grits Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>19 Choice of Entrée: Chicken Biscuit Mini Cinni 1/3 Less Sugar Fruit Loops with Toast V Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>20 Choice of Entrée: Spicy Chicken Biscuit Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch WG Waffles Fruit Selections: Strawberry Kiwi Juice Orange Wedges</p>	<p>21 Choice of Entrée: Turkey Sausage Biscuit Pancake n Link Frosted Mini Wheats /Toast V With: Southern Grits Fruit Selections: White Grape Juice</p>	<p>22 Choice of Entrée: Breaded Beef Biscuit Banana Bread Apple Cinnamon Cheerios/Toast V Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>23 Choice of Entrée: Chicken Biscuit WG Breakfast Bagel 1/3 Less Sugar Frosted Flakes/Toast With: WG Oatmeal Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>26 Choice of Entrée: Chicken Biscuit French Toast Sticks/Syrup V Raspberry Yogurt with Granola & Cheese Cubes Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>27 Choice of Entrée: Spicy Chicken Biscuit Cheese Toast 1/3 Less Sugar Fruit Loops with Toast V with Southern Grits Fruit Selections: Fruit Punch Juice Orange Wedges</p>	<p>28 Choice of Entrée: Sausage Biscuit Sausage Waffle Sandwich Frosted Mini Wheat/Toast V Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>29 Choice of Entrée: Breaded Beef Biscuit Apple Frudel Apple Cinnamon Cheerios with Toast V Fruit Selections: Orange Tangerine Juice Apple Wedges</p>	<p>29 Choice of Entrée: Chicken Biscuit Cheese Omelet /Toast 1/3 Less Sugar Frosted Flakes with Toast V with Southern Grits Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>



2017- 2018 Middle Meal Prices

Full Paid Breakfast	\$1.50
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.65
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

Check out the NEW Middle School Breakfast Menu, starting March 5th !

This institution is an equal opportunity provider.

V = Vegetarian Item
WG = Whole Grain