



**DeKalb County School District
Smart Bites Health & Wellness
Middle Express Breakfast
March 2018**



MON	TUE	WED	THU	FRI
March			1 Spicy Chicken on Country Biscuit Orange Tangerine Juice Fresh Apple Wedges Milk	2 Mini Bagels with strawberry Cream Cheese Cheddar Cheese Stick Assorted Juice Assorted Fresh Fruit Milk
5 Sausage & Waffle Sandwich Apple Juice Fruit Cocktail Milk	6 Country Chicken Biscuit Strawberry Kiwi Juice Apple Wedges Milk	7 French Toast Bar Cheddar Cheese Stick White Grape Juice Chilled Peaches Milk	8 Go Big Strawberry Yogurt Blueberry Muffin Fruit Punch Juice Apple wedges Milk	9 Turkey Sausage on Country Biscuit Assorted Juice Assorted Fresh Fruit Milk
12 Spicy Chicken Biscuit Apple Juice Fruit Cocktail Milk	13 Cinnamon Chex with Salsa Egg & Cheese Flatbread Mini Bagel with Cream Cheese Strawberry Kiwi Juice Mandarin Oranges	14 Peach Stuffed Biscuit White Grape Juice Chilled Peaches Milk	15 Turkey Sausage on Country Biscuit Orange Tangerine Juice Apple Wedges Milk	16 Frosted Mini Wheats Raspberry Yogurt Granola Cheese Stick Assorted Juice Assorted Fresh Fruit Milk
19 Turkey Sausage Biscuit Apple Juice Fruit Cocktail Milk	20 Cherry Frudel Apple Cinnamon Cherrios Strawberry Kiwi Juice Mandarin Oranges Milk	21 Salsa Egg & Cheese Flatbread White Grape Juice Chilled Peaches Milk	22 Spicy Chicken on Country Biscuit Orange Tangerine Juice Fresh Apple Wedges Milk	23 Mini Bagels with strawberry Cream Cheese Cheddar Cheese Stick Assorted Juice Assorted Fresh Fruit Milk
26 Sausage & Waffle Sandwich Apple Juice Fruit Cocktail Milk	27 Country Chicken Biscuit Strawberry Kiwi Juice Mandarin oranges Milk	28 French Toast Bar Cheddar Cheese Stick White Grape Juice Chilled Peaches Milk	29 Go Big Strawberry Yogurt Blueberry Muffin Fruit Punch Juice Apple wedges Milk	30 Turkey Sausage on Country Biscuit Assorted Juice Assorted Fresh Fruit Milk

2017-2018 Middle Meal Prices	
Full Paid Breakfast	\$1.50
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.65
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80



This institution is an equal opportunity provider.

V = Vegetarian Item
WG = Whole Grain