



**DeKalb County School District
Smart Bites Health & Wellness
High Breakfast Menu
March 2018**



MON	TUE	WED	THU	FRI
			<p>1 Choice of Entrée: Spicy Chicken on Country Biscuit Frosted Mini Wheat/ Country Biscuit Country Biscuit V Banana Bread V Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>2 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V Cheese Omelet/ Country Biscuit Frosted Flakes/Country Biscuit With: WG Oatmeal Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>5 Choice of Entrée: Turkey Sausage Biscuit Chicken Biscuit French Toast Sticks/Syrup V Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>6 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit 1/3 Less Sugar Fruit Loops with Toast V with Southern Grits Fruit Selections: Fruit Punch Juice Orange Wedges</p>	<p>7 Choice of Entrée: Turkey Sausage Biscuit Chicken Biscuit Frosted Mini Wheat/Toast V Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>8 Choice of Entrée: Breaded Beef Biscuit Cheese Biscuit Apple Cinnamon Cheerios with Toast V Fruit Selections: Orange Tangerine Juice Apple wedges</p>	<p>9 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch with Southern Grits Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>12 Choice of Entrée: Turkey Sausage Biscuit Chicken Biscuit 1/3 Less Sugar Fruit Loops with Toast V Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>13 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit Go Big Strawberry Yogurt / Cinnamon Toast Crunch Cereal Pouch V With: Southern Grits Fruit Selections: Strawberry Kiwi Juice Orange Wedges</p>	<p>14 Choice of Entrée Turkey Sausage Biscuit Chicken Biscuit Peach Stuffed Biscuit Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>15 Choice of Entrée: Breaded Beef Biscuit Cheese Biscuit Cinnamon Chex Cereal/Toast Fruit Selections: Orange Tangerine Juice Apple wedges</p>	<p>16 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit 1/3 Less Sugar Frosted Flakes/Toast with Southern Grits Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>19 Choice of Entrée: Turkey Sausage Biscuit Chicken Biscuit 1/3 Less Sugar Fruit Loops with Toast V Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>20 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch Fruit Selections: Strawberry Kiwi Juice Orange Wedges</p>	<p>21 Choice of Entrée: Turkey Sausage Biscuit Chicken Biscuit Apple Cinnamon Cheerios with Toast V With: Southern Grits Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>22 Choice of Entrée: Breaded Beef Biscuit Cheese Biscuit Banana Bread V Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>23 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit 1/3 Less Sugar Frosted Flakes/Toast With: WG Oatmeal Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>26 Choice of Entrée: Turkey Sausage Biscuit Chicken Biscuit French Toast Sticks/Syrup V Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>27 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit 1/3 Less Sugar Fruit Loops with Toast V with Southern Grits Fruit Selections: Fruit Punch Juice Orange Wedges</p>	<p>28 Choice of Entrée: Turkey Sausage Biscuit Chicken Biscuit Frosted Mini Wheat/Toast V Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>29 Choice of Entrée: Breaded Beef Biscuit Cheese Biscuit Apple Cinnamon Cheerios with Toast V Fruit Selections: Orange Tangerine Juice Apple wedges</p>	<p>30 Choice of Entrée: Turkey Sausage Biscuit Spicy Chicken Biscuit Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch with Southern Grits Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>



2017- 2018 High Meal Prices

Full Paid Breakfast	\$1.50
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.75
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

March 5-9, 2018



National School Breakfast Week

Check out the New High School breakfast Menu starting March 5th!.

This institution is an equal opportunity provider .

V = Vegetarian Item
WG = Whole Grain