



DeKalb County School District Smart Bites Health & Wellness High Express Breakfast April 2018

MON	TUE	WED	THU	FRI
9 Spicy Chicken Biscuit Apple Juice Fruit Cocktail Milk	10 Cinnamon Chex Mini Bagel with Cream Cheese Strawberry Kiwi Juice Fresh Orange Wedges Milk	11 Peach Stuffed Biscuit White Grape Juice Fresh Strawberries Milk	12 Turkey Sausage on Country Biscuit Orange Tangerine Juice Fresh Apple Wedges Milk	13 Frosted Mini Wheat Raspberry Yogurt Granola Cheese Stick Assorted Juice Assorted Fresh Fruit Milk
16 Turkey Sausage Biscuit Apple Juice Fruit Cocktail Milk	17 Cherry Frudel Apple Cinnamon Cheerios Strawberry Kiwi Juice Fresh Orange Wedges Milk	18 Pancake N Link/ Syrup White Grape Juice Fresh Strawberries Milk	19 Spicy Chicken on Country Biscuit Orange Tangerine Juice Fresh Apple Wedges Milk	20 Mini Bagels with strawberry Cream Cheese Cheddar Cheese Stick Assorted Juice Assorted Fresh Fruit Milk
23 Sausage & Waffle Sandwich Apple Juice Fruit Cocktail Milk	24 Country Chicken Biscuit Strawberry Kiwi Juice Fresh Orange Wedges Milk	25 French Toast Bar Cheddar Cheese Stick White Grape Juice Fresh Strawberries Milk	26 Go Big Strawberry Yogurt Blueberry Muffin Fruit Punch Juice Fresh Blueberries Milk	27 Turkey Sausage on Country Biscuit Assorted Juice Assorted Fresh Fruit Milk
30 Spicy Chicken Biscuit Apple Juice Fruit Cocktail Milk	1 Cinnamon Chex Mini Bagel with Cream Cheese Strawberry Kiwi Juice Fresh Orange Wedges Milk	2 Peach Stuffed Biscuit White Grape Juice Fresh Strawberries Milk	3 Turkey Sausage on Country Biscuit Orange Tangerine Juice Fresh Apple Wedges Milk	4 Frosted Mini Wheat Raspberry Yogurt Granola Cheese Stick Assorted Juice Assorted Fresh Fruit Milk

2017-2018 High Meal Prices	
Full Paid Breakfast	\$1.50
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.75
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

Farm to School



Blueberries are loaded with fiber, potassium, folate, and vitamin c which help prevent heart disease, improve brain health and help moderate blood sugar levels.

This institution is an equal opportunity provider.

V = Vegetarian Item
WG = Whole Grain