



**DeKalb County School District
Smart Bites Health & Wellness
Elementary Breakfast Menu
April 2018**

MON

TUE

WED

THU

FRI



<p>9 Choice of Entrée: Breakfast Pizza</p> <p>Apple Cinnamon Cheerios with Country Biscuit V</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>10 Choice of Entrée: Mini Bagel with Cream Cheese</p> <p>Cheese Omelet/Toast</p> <p>With: WG Grits Fruit Selections: Strawberry Kiwi Juice Fresh Orange Wedges</p>	<p>11 Choice of Entrée Peach Stuffed Biscuit V</p> <p>Turkey Sausage Breakfast Bagel</p> <p>Fruit Selections: White Grape Juice Fresh Strawberries</p>	<p>12 Choice of Entrée: Apple Frudel V</p> <p>Frosted Mini Wheats/Toast</p> <p>With: WG Grits Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>13 Choice of Entrée Breaded Beef on Country Biscuit Raspberry Yogurt with Granola V</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>16 Choice of Entrée: Turkey Sausage Biscuit</p> <p>Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>17 Choice of Entrée: Pancake N Link/Syrup</p> <p>Cherry Frudel</p> <p>Fruit Selections: Strawberry Kiwi Juice Fresh Orange Wedges</p>	<p>18 Choice of Entrée: Breakfast Pizza</p> <p>Cinnamon Chex/Country Biscuit V</p> <p>Fruit Selections: White Grape Juice Fresh Strawberries</p>	<p>19 Choice of Entrée: Chicken on Country Biscuit Frosted Mini Wheats WG Toast V</p> <p>Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>20 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V</p> <p>Cheese Omelet/ Country Biscuit</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>23 Choice of Entrée: Sausage & Waffle Sandwich</p> <p>French Toast Sticks/Syrup V</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>24 Choice of Entrée: Cheese Toast</p> <p>Waffle/Sausage Patty/Syrup</p> <p>Fruit Selections: Strawberry Kiwi Juice Fresh Orange Wedges</p>	<p>25 Choice of Entrée: French Toast Bar V</p> <p>Scrambled Eggs/Country Biscuit</p> <p>Fruit Selections: White Grape Juice Fresh Strawberries</p>	<p>26 Choice of Entrée: Mini Cinni</p> <p>Cheese Breakfast Bagel</p> <p>Fruit Selections: Orange Tangerine Juice Fresh Blueberries</p> 	<p>27 Choice of Entrée: Go Big Yogurt/ Muffin Top</p> <p>Frosted Flakes Cereal /Muffin Top</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>30 Choice of Entrée: Breakfast Pizza</p> <p>Apple Cinnamon Cheerios with Country Biscuit V</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>1 Choice of Entrée: Mini Bagel with Cream Cheese</p> <p>Cheese Omelet/Toast</p> <p>With: WG Grits Fruit Selections: Strawberry Kiwi Juice Fresh Orange Wedges</p>	<p>2 Choice of Entrée Peach Stuffed Biscuit V</p> <p>Turkey Sausage Breakfast Bagel</p> <p>Fruit Selections: White Grape Juice Fresh Strawberries</p>	<p>3 Choice of Entrée: Apple Frudel V</p> <p>Frosted Mini Wheats/Toast</p> <p>With: WG Grits Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>4 Choice of Entrée Breaded Beef on Country Biscuit Raspberry Yogurt with Granola V</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>

2017-2018 Elementary Meal Prices

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

Farm to School



Blueberries are loaded with fiber, potassium, folate, and vitamin c which help prevent heart disease, improve brain health and help moderate blood sugar levels.

This institution is an equal opportunity provider.

V = Vegetarian Item
WG = Whole Grain