



**DeKalb County School District
Smart Health & Wellness
Elementary Express Breakfast
April 2018**

MON	TUE	WED	THU	FRI
9 Reduced Sugar mini wheat with Country Biscuit V Apple Juice Fruit Cocktail Choice of Milk	10 Mini Bagel with Cream Cheese V Strawberry Kiwi Juice Fresh Orange Wedges Choice of Milk	11 Peach Stuffed Biscuit V White Grape Juice Fresh Strawberries Choice of Milk	12 Sausage/English Muffin Orange Tangerine Juice Fresh Apple Wedges Choice of Milk	13 Raspberry Rainbow Yogurt with Granola V Assorted Juice Chilled Peaches Choice of Milk
16 Turkey Sausage/English Muffin Apple Juice Fruit Cocktail Choice of Milk	17 Cherry Frudel V Strawberry Kiwi Juice Fresh Orange Wedges Choice of Milk	18 Pancake n Link/ Syrup White Grape Juice Fresh Strawberries Choice of Milk	19 Go Big Yogurt with Cinnamon Toast Crunch Cereal Pouch V Orange Tangerine Juice Fresh Apple Wedges Choice of Milk	20 Bagels with Strawberry Cream Cheese V Assorted Juice Chilled Peaches Choice of Milk
23 Sausage & Waffle Sandwich Apple Juice Fruit Cocktail Choice of Milk	24 Chicken/English Muffin Strawberry Kiwi Juice Fresh Strawberries Choice of Milk	25 French Toast Bar V White Grape Juice Fresh Strawberries Choice of Milk	26 Cinnamon Chex with Banana Muffin Top V Orange Tangerine Juice Fresh Blueberries Choice of Milk 	27 Go Big Yogurt Blueberry Muffin Top V Assorted Juice Chilled Peaches Choice of Milk
30 Reduced Sugar Frosted Flakes with Country Biscuit V Apple Juice Fruit Cocktail Choice of Milk	214 Mini Bagel with Cream Cheese V Strawberry Kiwi Juice Fresh Orange Wedges Choice of Milk	2 Peach Stuffed Biscuit V White Grape Juice Fresh Strawberries Choice of Milk	3 Sausage/English Muffin V Orange Tangerine Juice Fresh Apple Wedges Choice of Milk	4 Raspberry Rainbow Yogurt with Granola V Assorted Juice Chilled Pineapple Choice of Milk

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80



Farm to School

Blueberries are loaded with fiber, potassium, folate, and vitamin c which help prevent heart disease, improve brain health and help moderate blood sugar levels.

This institution is an equal opportunity provider.

V = Vegetarian Item
WG = Whole Grain