

# August 2022



## Middle School Lunch

MON	TUE	WED	THU	FRI
<p>8</p> <p>Entrees</p> <p>Personal Cheese Pizza <b>V</b> Batter Up Beef Frank</p> <p>Sides (2-4)</p> <p>French Fries Whole Kernel Corn Chilled Peaches Assorted Juice</p> <p>Grab N Go</p> <p>Vegetarian Chef Salad <b>V</b></p>	<p>9</p> <p>Entrees</p> <p>Maple Chicken Mega Minis with Texas Toast Grilled Cheese <b>V</b></p> <p>Sides (2-4)</p> <p>Tossed Salad Roasted Sweet Potato Diced Pears Assorted Fresh Fruit</p> <p>Grab N Go</p> <p>Charbroiled Chicken Chef Salad</p>	<p>10</p> <p>Entrees</p> <p>Buffalo Chicken Dip With Tortilla Chips Hamburger</p> <p>Sides (2-4)</p> <p>Celery &amp; Carrot Sticks Steamed Broccoli Chilled Fruit Medley Fresh Banana</p> <p>Grab N Go</p> <p>Yogurt &amp; Fruit Plate</p>	<p>11</p> <p>Entrees</p> <p>Bean &amp; Cheese Burrito <b>V</b> Breaded Beef Sandwich</p> <p>Sides (2-4)</p> <p>Mixed Green Salad Fiesta Black Beans Applesauce Assorted Juic4</p> <p>Grab N Go</p> <p>Fajita Chicken Chef Salad</p>	<p>12</p> <p>Entrees</p> <p>Baked Spaghetti/ Texas Toast Veggie Burger <b>v</b></p> <p>Sides (2-4)</p> <p>Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit</p> <p>Grab N Go</p> <p>Mixed Cheese Chef Salad</p>
<p>15</p> <p>Entrees</p> <p>Stuffed Cheese Bites <b>V</b> Texas BBQ Sandwich.</p> <p>Sides (2-4)</p> <p>Coleslaw Baked Beans Diced Pears Seasonal Fresh Fruit</p> <p>Grab N Go</p> <p>Nutbutter &amp; Jelly Plate <b>V</b></p>	<p>16</p> <p>Entrees</p> <p>Mini Cheese Calzone with Italian Dipping Sauce Fish Filet Sandwich</p> <p>Sides (2-4)</p> <p>Power Kale Salad Baked Sweet Potato Chilled Fruit Medley Seasonal Fresh Fruit</p> <p>Grab N Go</p> <p>Club Shaker Salad</p>	<p>17</p> <p>Entrees</p> <p>Beef &amp; Cheese Nachos Cheese Nachos <b>V</b> Grilled Chicken Sandwich</p> <p>Sides (2-4)</p> <p>Shredded Lettuce &amp; Tomato Mexicali Corn Mandarin Oranges Fresh Banana</p> <p>Grab N Go</p> <p>Fajita Chicken Chef Salad</p>	<p>18</p> <p>Entrees</p> <p>Wild Mike's Cheese Pizza <b>V</b> Wild Mike's Pepperoni Pizza Cheeseburger</p> <p>Sides (2-4)</p> <p>Mixed Green Salad Roasted Carrots Chilled Pineapple Assorted Fresh Fruit</p> <p>Grab N Go</p> <p>Chicken Tender Chef Salad</p>	<p>19</p> <p>Entrees</p> <p>BBQ Chicken/Roll Breaded Beef Steak/Gravy/Roll</p> <p>Sides (2-4)</p> <p>Mashed Potatoes Deluxe Green Beans Cinnamon Applesauce Assorted Fresh Fruit</p> <p>Grab N Go</p> <p>Vegetarian Chef Salad</p>
<p>22</p> <p>Entrees</p> <p>Personal Cheese Pizza <b>V</b> Batter Up Beef Frank</p> <p>Sides (2-4)</p> <p>French Fries Whole Kernel Corn Chilled Peaches Assorted Juice</p> <p>Grab N Go</p> <p>Vegetarian Chef Salad <b>V</b></p>	<p>23</p> <p>Entrees</p> <p>Maple Chicken Mega Minis with Texas Toast Grilled Cheese <b>V</b></p> <p>Sides (2-4)</p> <p>Tossed Salad Roasted Sweet Potato Diced Pears Assorted Fresh Fruit</p> <p>Grab N Go</p> <p>Charbroiled Chicken Chef Salad</p>	<p>24</p> <p>Entrees</p> <p>Buffalo Chicken Dip with Tortilla Chips Hamburger</p> <p>Sides (2-4)</p> <p>Celery &amp; Carrot Sticks/Ranch Dsg Steamed Broccoli Chilled Fruit Medley Fresh Banana</p> <p>Grab N Go</p> <p>Yogurt &amp; Fruit Plate With: Dick &amp; Janes Cookies</p>	<p>25</p> <p>Entrees</p> <p>Bean &amp; Cheese Burrito <b>V</b> Breaded Beef Sandwich</p> <p>Sides (2-4)</p> <p>Mixed Green Salad Fiesta Black Beans Applesauce Assorted Juice</p> <p>Grab N Go</p> <p>Chicken Tender Chef Salad</p>	<p>26 Friday! Friday!</p> <p>Entrees</p> <p>Chicken Wings/Roll Veggie Burger <b>v</b></p> <p>Sides (2-4)</p> <p>Garden Salad Italian Green Beans Mandarin Oranges Farm to School Watermelon</p> <p>Grab N Go</p> <p>Fajita Chicken Chef Salad</p>
<p>29</p> <p>Entrees</p> <p>Stuffed Cheese Bites <b>V</b> BBQ Beef Rib Sandwich</p> <p>Sides (2-4)</p> <p>Coleslaw Baked Beans Diced Pears Seasonal Fresh Fruit</p> <p>Grab N Go</p> <p>Nutbutter &amp; Jelly Plate <b>V</b></p>	<p>30</p> <p>Entrees</p> <p>Mini Cheese Calzone with Italian Dipping Sauce Fish Filet Sandwich</p> <p>Sides (2-4)</p> <p>Power Kale Salad Baked Sweet Potato Chilled Fruit Medley Seasonal Fresh Fruit</p> <p>Grab N Go</p> <p>Club Shaker Salad</p>	<p>31</p> <p>Entrees</p> <p>Beef &amp; Cheese Nachos Cheese Nachos <b>V</b> Grilled Chicken Sandwich</p> <p>Sides (2-4)</p> <p>Shredded Lettuce &amp; Tomato Mexicali Corn Mandarin Oranges Fresh Banana</p> <p>Grab N Go</p> <p>Fajita Chicken Chef Salad</p>	<p>Sept 1</p> <p>Entrees</p> <p>Wild Mike's Cheese Pizza <b>V</b> Wild Mike's Pepperoni Pizza Cheeseburger</p> <p>Sides (2-4)</p> <p>Mixed Green Salad Roasted Carrots Chilled Pineapple Assorted Fresh Fruit</p> <p>Grab N Go</p> <p>Chicken Tender Chef Salad</p>	<p>Sept 2</p> <p>Entrees</p> <p>BBQ Chicken/Roll Breaded Beef Steak/Gravy/Roll</p> <p>Sides (2-4)</p> <p>Mashed Potatoes Deluxe Green Beans Cinnamon Applesauce Assorted Fresh Fruit</p> <p>Grab N Go</p> <p>Vegetarian Chef Salad</p>

This institution is an equal opportunity provider.  
Milk available with all meals.