



DeKalb County School District School Nutrition

This institution is an equal opportunity provider.

Menus are subject to change.

**Don't forget ! Set your
Clock Ahead on
March 8th!**



Monday, March 2

Smoked Texas Rodeo
Turkey BBQ Sandwich
Baked Beans
Chilled Mandarin Oranges
Non-Flavored Milk

Tuesday, March 3

Lemon Grass Chicken with
Brown Rice
Spinach Salad
Fresh Pear
Dick & Jane Cookies
Non-Flavored Milk

Wed., March 4

Mesquite Chicken w/Roll
Mexicali Corn
Chilled Peaches
Non-Flavored Milk

Thurs., March 5

Turkey Croissant with
Turkey Bacon, Lettuce &
Tomato
Green Beans
Fresh Orange Wedges
Non-Flavored Milk

Friday, March 6

Wild Mike's Cheese Pizza
Roasted Carrots
Chilled Pears
Non-Flavored Milk

Monday, March 9

Breaded Chicken Sandwich
Golden Crinkle Fries
Mandarin Oranges
Non-Flavored Milk

Tuesday, March 10

Maple Chicken with Texas
Toast
Roasted Sweet Potato
Spiced Baked Pears
Non-Flavored Milk

Wed., March 11

Beef & Cheese Nachos
Fiesta Black Beans
Applesauce
Non-Flavored Milk

Thurs., March 12

Italian Spaghetti/ Roll
Power Kale Salad
Fresh Apple
Non-Flavored Milk

Friday, March 13

Galaxy Cheese Pizza
Steamed Broccoli
Chilled Peaches
Non-Flavored Milk

Available Daily

Milk with every Meal
Vegetarian Option
Chef Salad
Fresh Fruit
A la Carte

EAT RIGHT



BITE BY BITE

National Nutrition Month®
March 2020

eat right. Academy of Nutrition
and Dietetics

Monday, March 16

Cheese Dippers with Salsa
v
Coleslaw
Chilled Mandarin Oranges
Non-Flavored Milk

Tuesday, March 17

Main Course
Lemongrass with Brown
Rice
Spinach Salad
Chilled Fruit Medley
Non-Flavored Milk

Delectables
Dick & Jane Cookies

Wed., March 18

Mesquite Chicken w/Roll
Collard Greens
Fresh Banana
Non-Flavored Milk

Thurs., March 19

Breaded Beef Steak/Gravy/
Roll
Mashed Potatoes Deluxe
Cinnamon Applesauce
Non-Flavored Milk

Friday, March 20

Wild Mike's Cheese Pizza
Roasted Carrots
Chilled Pears
Non-Flavored Milk

SPRING BREAK



**Break begins at
the end of classes:
April 3**

**Classes resume:
Mon., April 13**

**Monday, March 23**

Breaded Chicken Sandwich
Golden Crinkle Fries
Mandarin Oranges
Non-Flavored Milk

Tuesday, March 24

Maple Chicken with Texas
Toast
Roasted Sweet Potato
Cucumber Salad
Non-Flavored Milk

Wed., March 25

Grilled Chicken Sandwich
Fiesta Black Beans
Fresh Banana
Non-Flavored Milk

Thurs., March 26

Chicken Tenders/Roll
Roasted Corn
**Orange with Strawberry
Garnish**
Non-Flavored Milk

Harvest of the Month

Friday, March 27

Cheese Galaxy Pizza
Garden Green Salad
Chilled Peaches
Non-Flavored Milk

Monday, March 30

Smoked Texas Rodeo
Turkey BBQ Sandwich
Coleslaw
Chilled Mandarin Oranges
Non-Flavored Milk

Tuesday, March 31

**Urban School Food
Alliance Day**
Roasted Chicken w/Roll
Roasted Carrots & Broccoli
Chilled Peaches
Non-Flavored Milk

With: Macaroni &
Cheese

Wednesday, April 1

Lemon Grass Chicken with
Rice
Spinach Salad
Fresh Banana
Non-Flavored Milk

Delectables
Dick & Jane Cookies

Thursday, April 2

Turkey Croissant with
Turkey Bacon, Lettuce &
Tomato
Green Beans
Cinnamon Applesauce
Non-Flavored Milk

Friday, April 3

Wild Mike's Cheese Pizza
Lemon Kissed Kale
Seasonal Fresh Fruit
Non-Flavored Milk



This institution is an equal opportunity provid-