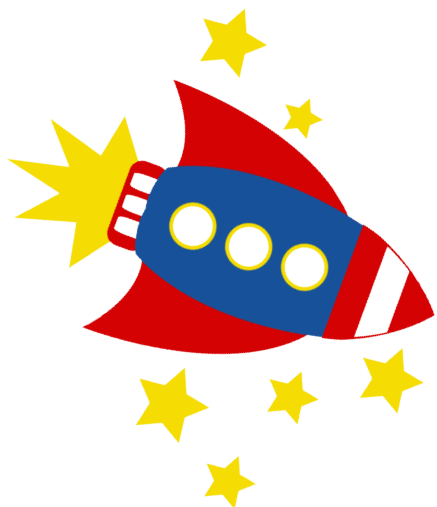


Middle/High School Breakfast

SCHOOL BREAKFAST OUT OF THIS WORLD!™

This institution is an equal opportunity provider.



Join us for breakfast during National
School Lunch Week!
March 2—March 6, 2020



Monday, March 2

Great Beginnings
Turkey Sausage Biscuit

Lucky Charms Cereal

Island Parfait

Fruity Delights (1-2):

Assorted Juice
Seasonal Fresh Fruit
Oranges

Tuesday, March 3

Great Beginnings
Chicken & Waffle

Cocoa Puff Filled Pastry

Cinnamon Toast Crunch Cereal

Fruity Delights (1-2):

Assorted Juice
Sliced Peaches



Wed., March 4

Great Beginnings
Paradise Parfait

Turkey Sausage Biscuit

Morning Pastry to Go

With: Cheese Grits

Fruity Delights (1-2):

Assorted Juice
Chilled Pears

Thurs., March 5

Great Beginnings
Cheesy Scrambled Eggs with Toast

Cocoa Puffs Cereal

Pancake N Link

Fruity Delights (1-2):

Assorted Juice
Bananas

Friday, March 6

Great Beginnings
Choice of Cereal with Blueberry Muffin Bread

Country Chicken Biscuit

Oatmeal Cinnamon Round

Fruity Delights (1-2):

Assorted Juice
Applesauce

Monday, March 9

Great Beginnings
Choice of Cereal with Blueberry Muffin Bread

Turkey Sausage Biscuit

Chicken Biscuit

Fruity Delights (1-2):

Assorted Juice
Seasonal Fresh Fruit

Tuesday, March 10

Great Beginnings
Breakfast Pizza

Toasted Croissant with Jelly

Overnight Oats Extravaganza

Fruity Delights (1-2):

Assorted Juice
Sliced Peaches

Wed., March 11

Great Beginnings
Peaches N Cream Parfait

Spicy Chicken Biscuit

Morning Pastry To Go

With: Southern Grits

Fruity Delights (1-2):

Assorted Juice
Chilled Pears

Thurs., March 12

Great Beginnings
Maple French Toast Sticks with Turkey Sausage Link

Assorted Cereal with Blueberry Muffin Bread

Avocado Cheese Toast

Fruity Delights (1-2):

Assorted Juice
Banana

Friday, March 13

Great Beginnings
Scrambled Eggs with Turkey Bacon & Toast

Hot Cinnamon roll

Assorted Cereal with Toast V

Fruity Delights (1-2):

Assorted Juice
Applesauce



DeKalb County School District

School Nutrition Services

Monday, March 16

Great Beginnings

Choice of Cereal with Blueberry Muffin Bread

Turkey Sausage Biscuit

Breakfast Flatbread

Fruity Delights (1-2):

Assorted Juice
Seasonal Fresh Fruit

Tuesday, March 17

Great Beginnings

Chicken & Waffle

Cinnamon Toast Crunch
Pastry

Spinach & Cheese Omelet with Toast

Fruity Delights (1-2):

Assorted Juice
Sliced Peaches

Wed., March 18

Great Beginnings

Paradise Parfait

Country Chicken Biscuit

Toasted Croissant with Jelly

With: Southern Grits

Fruity Delights (1-2):

Assorted Juice
Chilled Pears

Thurs., March 19

Great Beginnings

Cheesy Scrambled Eggs with Toast

Choice of Cereal with Toast

Morning Pastry to Go

Fruity Delights (1-2):

Assorted Juice
Bananas

Friday, March 20

Great Beginnings

Choice of Cereal with Blueberry Muffin Bread

Pancake N Link

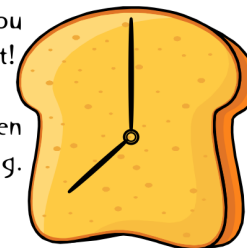
Island Parfait

Fruity Delights (1-2):

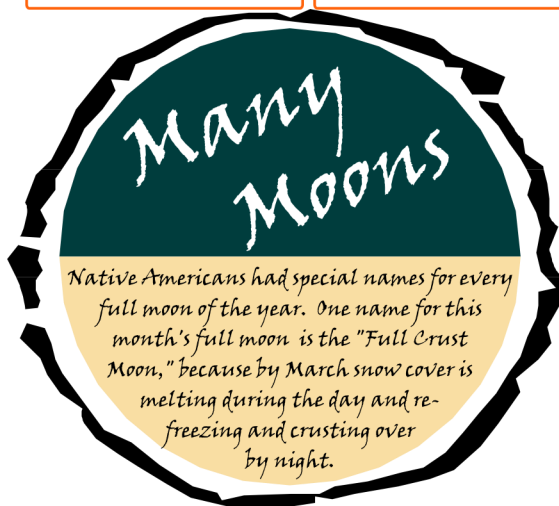
Assorted Juice
Applesauce

OFF THE CLOCK.

A clock can't always tell you when it's time for breakfast! Eat at home, before you start your day. Or eat when you get where you're going. Or eat something mid-morning. Research even suggests kids learn and feel better when they eat TWO smaller healthy breakfasts.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Monday, March 23

Great Beginnings

Choice of Cereal with Blueberry Muffin Bread

Turkey Sausage Biscuit

Chicken Biscuit

Fruity Delights (1-2):

Assorted Juice
Seasonal Fresh Fruit

Tuesday, March 24

Great Beginnings

Breakfast Pizza

Toasted Croissant with Jelly

Overnight Oats Extravaganza

Fruity Delights (1-2):

Assorted Juice
Sliced Peaches

Wed., March 25

Great Beginnings

Peaches N Cream Parfait

Spicy Chicken Biscuit

Morning Pastry To Go

With: Southern Grits

Fruity Delights (1-2):

Assorted Juice
Chilled Pears

Thurs., March 26

Great Beginnings

Maple French Toast Sticks with Turkey Sausage Link

Assorted Cereal with Blueberry Muffin Bread

Avocado Cheese Toast

Fruity Delights (1-2):

Assorted Juice
Banana

Friday, March 27

Great Beginnings

Scrambled Eggs with Turkey Bacon & Toast

Hot Cinnamon roll

Assorted Cereal with Toast V

Fruity Delights (1-2):

Assorted Juice
Applesauce

Monday, March 30

Great Beginnings

Choice of Cereal with Blueberry Muffin Bread

Turkey Sausage Biscuit

Breakfast Flatbread

Fruity Delights (1-2):

Assorted Juice
Seasonal Fresh Fruit

Tuesday, March 31

Great Beginnings

Chicken & Waffle

Cinnamon Toast Crunch
Pastry

Spinach & Cheese Omelet with Toast

Fruity Delights (1-2):

Assorted Juice
Sliced Peaches

Wed., April 1

Great Beginnings

Paradise Parfait

Country Chicken Biscuit

Toasted Croissant with Jelly

With: Southern Grits

Fruity Delights (1-2):

Assorted Juice
Chilled Pears

Thursday, April 2

Great Beginnings

Cheesy Scrambled Eggs with Toast

Choice of Cereal with Toast

Morning Pastry to Go

Fruity Delights (1-2):

Assorted Juice
Bananas

Friday, April 3

Great Beginnings

Choice of Cereal with Blueberry Muffin Bread

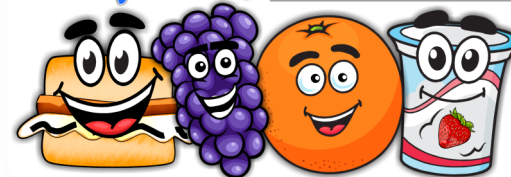
Pancake N Link

Island Parfait

Fruity Delights (1-2):

Assorted Juice
Applesauce

come join us for Breakfast@School



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